



ROMA

Trilussa
Palace

CONGRESS & SPA

P.zza Ippolito Nievo, 27
(Viale di Trastevere)
00153 Roma, Italia
Tel. +39 06.5881963
Fax +39 06.58331770
www.trilussapalacehotel.it
info@trilussapalacehotel.it

Wellness Center - SPA

Hydromassage Pool, Sauna, Turkish Bath and Fitness Gym

Open every day from 9.30am to 2am. For information and booking open from 8am to 12am. To enter the SPA age minimum of 18yrs old.

Price list valid only for guests that stay in the hotel

WELLNESS CENTER PRIVATE USE

Includes: Kit SPA (Bathrobe, Towel, Slippers, Fruit Juice, Water)
From the 3rd person to the 6th person in a party the rate is € 15,00 each (Kit SPA included).

From 9.30 am to 4.00 pm

60 minutes	(1 or 2 persons) € 50,00
90 minutes	(1 or 2 persons) € 70,00
120 minutes	(1 or 2 persons) € 90,00

From 4.00 pm to 9.00 pm

60 minutes	(1 or 2 persons) € 60,00
90 minutes	(1 or 2 persons) € 80,00
120 minutes	(1 or 2 persons) € 100,00

From 9.00 pm to 1.00 am

60 minutes	(1 or 2 persons) € 70,00
90 minutes	(1 or 2 persons) € 95,00
120 minutes	(1 or 2 persons) € 120,00

On request we can serve:

Aperitif "I. Nievo" (for person)	€ 10,00
1 Glass of Prosecco, Appetizer, Peanuts, Olives, Chips.	
Aperitif "Trilussa" (for person)	€ 18,00
1 Glass of Prosecco, Fruit Kebab, Appetizer, Peanuts, Olives, Chips, Pizza, Sandwich.	
1 bottle of Prosecco	€ 25,00
1 Bottle of Champagne	€ 70,00
1 Fruit Basket	€ 30,00

Price list valid for costumers that do not stay in the Hotel

WELLNESS CENTER PRIVATE USE

Includes: Kit SPA (Bathrobe, Towel, Slippers, Fruit Juice, Water)
From the 3rd person to the 6th person in a party the rate is € 15,00 each (Kit SPA included).

From 9.30 am to 4.00 pm

60 minutes	(1 or 2 persons) € 90,00
90 minutes	(1 or 2 persons) € 120,00
120 minutes	(1 or 2 persons) € 150,00

From 4.00 pm to 9.00 pm

60 minutes	(1 or 2 persons) € 100,00
90 minutes	(1 or 2 persons) € 130,00
120 minutes	(1 or 2 persons) € 160,00

From 9.00 pm to 1.00 am

60 minutes	(1 or 2 persons) € 130,00
90 minutes	(1 or 2 persons) € 170,00
120 minutes	(1 or 2 persons) € 210,00

On request we can serve:

Aperitif "I. Nievo" (for person)	€ 10,00
1 Glass of Prosecco, Appetizer, Peanuts, Olives, Chips.	
Aperitif "Trilussa" (for person)	€ 18,00
1 Glass of Prosecco, Fruit Kebab, Appetizer, Peanuts, Olives, Chips, Pizza, Sandwich.	
1 bottle of Prosecco	€ 25,00
1 Bottle of Champagne	€ 70,00
1 Fruit Basket	€ 30,00



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Trilussa Wellness Center

Open every day from 12 m to 8pm. For information and booking open from 1pm to 8pm.

A little bit of heaven to relax, to regain one's strength and to get in shape after a work day or a shopping day around Rome. Different kinds of massages and body and face treatments are available for you.

The hydromassage pool, sauna, Turkish bath and fitness gym complete the "wellness path".

Massage Center

Ayurvedico Massage Abhyanga

50 minutes € 60,00

75 minutes € 75,00

Indian massage restoring the vital energy of the body. Balances the body, relieves stress and soothes.

Jet Lag massage

50 minutes € 60,00

75 minutes € 75,00

Relieves muscle tension, accelerates restoration of body and soothes. Special emphasis is placed on the scalp, back and legs.

Acupressure

50 minutes € 60,00

75 minutes € 75,00

Ancient Chinese technique that involves the use of finger pressure. It activates the body's own energies to restore harmony.

Holistic Massage

50 minutes € 60,00

75 minutes € 75,00

An ancient discipline, using a range of movements and strokes to improve all bodily functions. It has significant benefits for the entire body.

Manual Vodder Method

75 minutes € 75,00

Activates the lymphatic system. Detoxifying and diuretic.

Foot Reflexology

50 minutes € 60,00

Stimulates the energy points in the feet, vital functions and your feeling of well-being and comfort.

Sport active massage

50 minutes € 65,00

Made by the use of balsamic cream and vegetable extract. It restores energy, strengthens health, tones up and relaxes the body.

Shantala Massage (Ayurvedic with warm oil)

50 minutes € 65,00

75 minutes € 75,00

Ancient Indian massage technique with a rhythmic character, given to massage babies and children. Using warm oil, relaxes body and mind, promotes blood circulation and tones up the skin.

Manager Massage

50 minutes € 60,00

Special massage focusing on tension on shoulders and neck

Slimming Massage

50 minutes € 60,00

75 minutes € 75,00

Thai Herbal Compresses Massage

75 minutes € 90,00

Holistic thai massage using warm compresses of medicinal herbs used to relax and soothe muscle tension, reactivate blood circulation and give you a total feeling of deep relaxation.

Shiatsu Massage

50 minutes € 60,00

75 minutes € 75,00

Hands-on Japanese therapy that uses finger pressure and works along the energy meridians in the body. Relieves tiredness and strengthens the immune system.

Traditional Thai Massage

50 minutes € 60,00

75 minutes € 75,00

Balances the body, mind and spirit, strengthens internal organs, promotes mobility and preserves vitality.

Face Treatments

Antiaging Nourishing € 60,00

Calming Nourishing € 60,00

Antiacne € 60,00

Oily Skin € 60,00

Sensitive Skin € 60,00

Sensitive for Sun Spotted Skin € 60,00

Revitalizing Lightening Skin € 60,00

For facial treatment only Bio-Tech cosmetics are used. Each treatment lasts 60 minutes.

Body Treatments

Aloe Vera pack
60 minutes € 70,00

Face and body massage with Aloe Vera. Moisturizing, refreshing and calming.

Breast Treatment
30 minutes € 45,00

The Butea Superba extract increases elasticity and tonicity.

Hand Spa Treatment
30 minuti € 45,00

Regenerates hand epidermis, leaving your hands soft, toned, shiny and youthful.

Foot Spa Treatment
30 minutes € 45,00

Brings comfort and activates blood circulation. Feet and ankles are no longer swollen. This treatment makes your feet fresh and light.

Mud Treatments
60 minutes € 90,00

Two different kinds of mud are used: with and without iodine. It is recommended during the anti-cellulite Treatment.

Anti-cellulite Treatment
60 minutes € 90,00

The treatment consists of 4 types of clay (Garcina, Centella, Curcuma, Morinda)



R O M A

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Special Events

Wedding Shower

Duration h 2:30 per 1 person € 290,00

2,30 hours SPA exclusive use
1 of 60 min Aloe Vera Pack
1 of 30 min Shantala Massage
Aperitif "Trilussa"
Gift for the future Bride

* Up to a maximum of 10 persons p.p. € 35,00

The "Wedding Shower" derives from the latin and oriental preparations in which the future bride is pampered and sent off by her friends. The future bride may relax and regenerate herself with exclusive face and body treatments while her friends spend time in the SPA.

The ritual which takes place in a warm and refined atmosphere becomes a relaxing and sensual experience that will be remembered for a lifetime. At the end of her treatments the Bride will meet up with her friends in the SPA and conclude her evening in a rich and intimate atmosphere, including dimmed lights and music.

Birthdays

Duration h 2:00 per 2 persons € 200,00

2 hours SPA exclusive use
1 Bottle of Prosecco
1 Cake

* Up to a maximum of 10 persons p.p. € 35,00

Would you like to offer special birthdays packages to friends, relatives or loved ones? We offer exclusive treatments in our SPA or special evening packages.

Anniversary Packages

Duration h 2:00 per 2 persons € 235,00

2 hours SPA exclusive use
Bunch of Flowers
Aperitif "Trilussa"

The Trilussa Wellness Center offers evening packages for couples celebrating anniversaries in a sweet and magical atmosphere.

Gift Certificates

Would you like to give your friend a simple but valued gift? Something for body and soul? If your answer is yes, we think you should choose our Trilussa Wellness Center Gift Certificates, offering loved ones a world of health and relaxation, far from daily stress.

Give the gift of a big hug of health, to business partners, friends or family members.

*** Special Packages and Gift certificates have a 30 days validity.**

All rates are subject to change. To confirm prices please contact the Wellness Center.